

# GOULBURN RIFLE CLUB

## DEVELOPMENT PROGRAM

**NAME** \_\_\_\_\_

### **GOALS**

#### ***SHORT TERM***

- 1 TO IMPROVE MY AVERAGE SCORE BY 1 2 3 4 5 POINTS AT EVERY RANGE
- 2 TO IMPROVE MY WIND READING SKILLS
- 3 TO RECORD MY FIRST SINGLE STAGE POSSIBLE
- 4 TO RECORD MY FIRST DOUBLE POSSIBLE
- 5 TO RECORD 25% OF MY SCORING SHOTS IN THE CENTRAL BULL.
- 6 TO HAVE A BETTER UNDERSTANDING OF THE SSRS.
- 7 TO ATTEND MY FIRST PRIZE SHOOT.
- 8 \_\_\_\_\_
- 9 \_\_\_\_\_
- 10 \_\_\_\_\_
- 11 \_\_\_\_\_
- 12 \_\_\_\_\_

#### ***LONG TERM***

- 1 TO MOVE 1 GRADE
- 1 TO WIN MY GRADE CHAMPIONSHIP [CLUB]
- 2 TO WIN THE CLUB OFF RIFLE CHAMPIONSHIP.
- 3 TO ATTEND MY FIRST QUEENS SHOOT.
- 4 TO WIN MY FIRST QUEENS BADGE.
- 5 -----
- 6 -----
- 7 -----
- 8 -----
- 9 TO NOMINATE FOR THE NSWRA COUNTRY RIFLE TEAM.  
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#### ***GOAL SETTING.***

***GOALS MUST BE REALISTIC. [ DON'T SET YOUR GOALS TOO HIGH]  
REVIEW YOUR GOALS.  
BE HONEST WITH YOURSELF AND YOUR COACH.  
BE PREPARED TO CHANGE YOUR GOALS.  
HAVE YOUR GOALS WRITTEN DOWN***